



## Crisis to Confidence: Turning “Bad” into “O.K.”

**Local Host:** Jennifer Daniel & Quakerdale  
**Location:** Wolfe Ranch Life Enrichment Center  
2932 240<sup>th</sup> St., Marshalltown, IA 50158  
**Date & Time:** September 12 - 14, 2013 (Thurs.-Sat.)  
8:00-5:00 Each Day

**\*\*Register directly with the O.K. Corral Series.**

### Accommodation:

- ◆ Best Western Regency – 3303 South Center St., Marshalltown, IA 50158  
(641)752-6321 Rates from \$85
- ◆ Hampton Inn –20 West Iowa Avenue, Marshalltown, IA 50158 (641)753-6795  
Rates from \$104

*BARGAIN ALERT: Quakerdale has rooms at the ranch that sleep up to three people to a room or private rooms. These rooms are only \$30 a night. Plus all meals included. And great on-site convenience and camp fires at night. Contact Jennifer Daniel for information 641-485-9931.*

### Directions to Hotels from Des Moines Airport (DSM)

#### **Best Western Regency Folks:**

1. Start out going east on Fleur Dr / Cowles Dr toward Fleur Dr. Continue to follow Cowles Dr. (0.3 miles)
2. Turn left onto Fleur Dr. (3.4 miles)
3. Fleur Dr becomes Martin Luther King Jr Pky. (1.1 miles)
4. Merge onto I-235 E toward I-235 E. (6.4 miles)
5. Take the I-80 exit, EXIT 137, toward I-35 S / Kansas City / Council Bluffs / Davenport. (4.1 miles)
6. Merge onto I-80 E via EXIT 137A toward Davenport. (4.1 miles)
7. Take the US-65 N / US-6 W exit, EXIT 142, toward Altoona / Bondurant / Marshalltown. (0.2 miles)
8. Turn left onto US-65 N / NE Hubbell Ave. Continue to follow US-65 N. (14.5 miles)
9. US-65 N becomes IA-330 N. (20.1 miles)
10. Merge onto US-30 E. (5.4 miles)
11. Take the IA-14 / Marshalltown exit, EXIT 185, toward Business District / Newton. (0.3 miles)
12. Turn left onto IA-14 / Reed Ave. Continue to follow IA-14. (0.2 miles)

56.09 miles | 65 minutes

## ***Seminar Data Sheet***

### **Hampton Inn Folks:**

1. Start out going east on Fleur Dr / Cowles Dr toward Fleur Dr. Continue to follow Cowles Dr. (0.3 miles)
2. Turn left onto Fleur Dr. (3.4 miles)
3. Fleur Dr becomes Martin Luther King Jr Pky. (1.1 miles)
4. Merge onto I-235 E toward I-235 E. (6.4 miles)
5. Take the I-80 exit, EXIT 137, toward I-35 S / Kansas City / Council Bluffs / Davenport. (4.1 miles)
6. Merge onto I-80 E via EXIT 137A toward Davenport. (4.1 miles)
7. Take the US-65 N / US-6 W exit, EXIT 142, toward Altoona / Bondurant / Marshalltown. (0.2 miles)
8. Turn left onto US-65 N / NE Hubbell Ave. Continue to follow US-65 N. (14.5 miles)
9. US-65 N becomes IA-330 N. (20.1 miles)
10. Merge onto US-30 E. (5.4 miles)
11. Take the IA-14 / Marshalltown exit, EXIT 185, toward Business District / Newton. (0.3 miles)
12. Turn left onto IA-14 / Reed Ave. Continue to follow IA-14. (0.3 miles)
13. Turn left onto Iowa Ave W/US-30-BR (0.03)

56.19 miles | 65 minutes

### **Directions to the Seminar from Local Hotels**

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#### **Best Western Regency Folks:**

1. Start out going east on Iowa Ave W / US-30-BR toward S Center St / IA-14. (0.03 miles)
2. Take the 1st right onto S Center St / IA-14. Continue to follow IA-14. (0.3 miles)
3. Merge onto US-30 E via the ramp on the left toward Cedar Rapids. (3 miles)
4. 2932 240<sup>th</sup> St. is on the right.

3.28 miles | 4 minutes

#### **Hampton Inn Folks:**

1. Start out going south on S Center St / IA-14. Continue to follow IA-14. (0.2 miles)
2. Merge onto US-30 E via the ramp on the left toward Cedar Rapids. (3 miles)
3. 2932 240TH ST is on the right.

3.18 miles | 3 minutes

## ***Seminar Data Sheet***

### **Area Attractions (contact the O.K. Corral for more information)**

Newton Arboretum & Botanical Garden      Hardin County Farm Museum  
Adventure Lands of America      Amana Colonies (1.5 hours)

### **Dining Options (lunches are included in the seminar fee)**

Culver's      Applebee's      Tremont on Main  
La Carreta      Stone's Restaurant      Plenty of Fast Food

### **Weather**

Marshalltown, Iowa in mid-September is pleasant and features highs in the 70s, and lows around 50. Dress casually in plenty of layers – we will be working in an indoor arena.

### **What to Bring**

- Layers of clothing
- Sunscreen
- Notebook/writing instrument
- Brochures for your services (if any)
- Business Cards (if any)
- Camera